DWT: Driving While Texting

You wouldn’t drive drunk, right? Well, texting and driving can be as dangerous as chugging four beers and getting behind the wheel, and it makes you 23 times more likely to get into an accident!

PS: Make it easy to ignore your phone. Go to getizup.com to download an app to your smartphone that automatically sends any incoming calls straight to your voicemail while your car is in motion and holds texts until you’ve pulled over.

HER MISSION: to stop distracted driving forever!

Amber, 22, lost her best friend, Casey, when she was killed in a crosswalk by a driver who glanced away from the road. That day, Amber vowed that no one else would ever die from something so preventable. So last spring, Amber and her honors fraternity organized a local benefit concert. To promote it, they stood at an intersection on campus where two other girls had been hit, and waved signs that said, “Honk for Safe Driving.” They sold T-shirts to help raise $2,600 for charities like The Partnership for Safe Driving, which educates people about all kinds of dangerous driving. To spread the word or organize your own event, go to caseyfeldmannnetwork.org.

JOIN SEVENTEEN’S TWO-SECOND TURNOFF DAY!

Taking your eyes off the road for just two seconds doubles your risk for a crash. But it also takes just two seconds to shut down your phone—and prevent an accident. September 17 is Seventeen’s Two-Second Turnoff Day, and we’re teaming up with the U.S. Department of Transportation and AAA to spread the message. Go to seventeen.com/twosecond to show your support. Then on September 17 and every day after, turn off your phone before getting behind the wheel.

WIN!

You could win a $2,000 prize from Discover by making your own video about the dangers of distracted driving. Go to seventeen.com/twosecond to get started.

A special thanks to AAA for its support with this story. Check out aaa.com.